

BIRREGURRA PRESENTATIONS OF INTEREST SERIES – NUMBER 3

'LIVING IN PEACE, COMFORT & DIGNITY UNTIL THE END OF LIFE'



PRESENTED BY JENNIFER PHILIP, (Professor of Palliative Medicine, Dept Medicine, University of Melbourne - Chair, Palliative Medicine, Centre for Cancer Research, Faculty of Medicine, Dentistry and Health Sciences, University of Melbourne; St Vincent's Hospital)

One of the few inevitabilities about our lives is that, at some point, they come to an end and we must die. Yet, this is a subject that we often find difficult to contemplate for ourselves & our loved ones, let alone talk about.

Death Happens: So Let's Talk About How We Die.

Questions to consider:

- Many of the rituals that used to be a part of our way of life, including those to do with dying, are no longer familiar to us. How do we compensate for our lack of contact with the process of dying?
- How do we navigate living well when we or people we love face advancing illness?
- What can we learn from the bedside of people who have trodden this path before us?

There is a whole field of medicine (Palliative Care) that is dedicated to supporting us and enabling us and our loved ones to die well, yet we hear little about it until it directly affects us. How much better to learn about what it means to live and die well in our 21st Century Australia, and to understand our options, before we have to confront it personally.

This will be a highly informative insight into current understanding and practice in the field of palliative care by an internationally recognised author and practitioner. **Time will also be allowed for questions from the audience.**

All are warmly invited.

THURSDAY, 16 MAY 2019 at CHRIST CHURCH ANGLICAN CHURCH, SLADEN ST, BIRREGURRA

6.30PM FOR A 7.00PM START

\$30 - WINE AND SUPPER INCLUDED

TICKETS ARE LIMITED: CALL CHRIS: 0488 614 012 OR BARBARA: 5236 2655 (BOOK EARLY TO ENSURE YOUR SEAT.)

All proceeds to Anam Cara and Birregurra Christ Church for restoration work