

Primary Health Networks

Trauma recovery

Flinders St
22 December 2017

Update

The Department of Health and Human Services is working to support the community following the tragic Flinders Street incident on the Thursday, 21 December; when a car was driven into a number of pedestrians resulting in several casualties.

There has been a significant impact and trauma experienced by those immediately affected, the victims, their families, witnesses and the broader the community.

The department is working with a number of key partners to provide outreach and support services to help people recover from this terrible tragedy.

Actions required

We appreciate your assistance in providing information about the support services available to anyone who is in need of support during this difficult time. People in need of immediate support can be referred to the [Victims' Support Helpline](#) on 1800 819 817. Anyone who witnessed the incident should call CrimeStoppers on 1800 333 000.

Further information

Information about a number of conditions related to trauma and recovery can be found on the Better Health Channel:

Fact sheets

Trauma reaction and recovery factsheet

General information about traumatic events and recovery translated into 20 languages.

Print ready: <http://ow.ly/CuzZ30heQ3V>

Post-traumatic stress factsheet

Provides information and advice about the symptoms, self-management and treatment options.

Online: <http://ow.ly/zmQh30heQ9E>

Print ready: <http://ow.ly/HJpw30heQcx>

Survivor reactions factsheet

Provides information and advice about survivor guilt, the symptoms and treatment options.

Online: <http://ow.ly/djmg30heQhu>

Print ready: <http://ow.ly/YTwI30heQjf>

Near-miss factsheet

Provides information and advice for people who were in close proximity to the event.

Online: <http://ow.ly/9rFi30heQyG>

Print ready: <http://ow.ly/h8zE30heQEP>

Trauma and families factsheet

Provides general advice on how families can manage and work through traumatic events.

Online: <http://ow.ly/19XH30heQKP>

Print ready: <http://ow.ly/NmP430heQLZ>

Trauma and children tips for parents factsheet

Provides general information and advice to parents on how traumatic experiences may affect a family and things they can do to help their family recovery.

Online: <http://ow.ly/uMdG30heQOQ>

Print ready: <http://ow.ly/mOki30heQQf>

Trauma and teenagers factsheet

Provides general information and advice about how teenagers may process trauma, symptoms and treatment options.

Online: <http://ow.ly/VhwJ30heQVL>

Print ready: <http://ow.ly/cCwz30heQZm>

Trauma and primary school age children factsheet

Provides general information and advice about how young children may process trauma, symptoms and treatment options.

Online: <http://ow.ly/Qwkm30heR2v>

Print ready: <http://ow.ly/h4sr30heR4X>

Trauma and children two to five year old

Provides general information and advice about how very young children may process trauma, symptoms and treatment options.

Online: <http://ow.ly/CXuN30heR7M>

Print ready: <http://ow.ly/aJVs30heR8x>

Trauma and newborns to two years old

Provides general information and advice about how very young children may process trauma, symptoms and treatment options.

Online: <http://ow.ly/IKIH30heRbk>

Print ready: <http://ow.ly/AQ9W30heRcj>

Trauma recovery videos

- [Dealing with trauma](#)
- [Trauma and relationships](#)
- [Children and trauma](#)
- [Traumatic events in the media](#)

Regular updates on the support services available will also be shared on:

 Twitter @VicGovDHHS

 facebook.com/VicGovDHHS/

 Twitter @BetterHealthGov

 facebook.com/BetterHealthGov

Approved by: State Health and Human Services Commander

Date: 22 December 2017