

Specialist Palliative Care Services (SPCS) in the Grampians Region



Quick Reference Tool

The right care in the right place at the right time



What services do Specialist Palliative Care Services (SPCS) provide?

- Advice, information and support for other health professionals
- One off consultations with patients, carers and family for complex issues
- Short or longer term admissions to program where problems are complex and require regular evaluation and assessment. This may include end stage care.

Triggers for referral

- The referring clinician would not be surprised if the patient died within the next 12 months
- Recurrent presentations to hospital
- For inpatients, it would not be a surprise if the person died this hospital admission
- Progressive disease despite life prolonging therapy
- Recent marked decline in physical function
- Low probability of success from available therapeutic options
- Withdrawal, or consideration of withdrawal, of life prolonging treatment (e.g. haemodialysis, ventilation)
- Patient or family concern about end of life issues
- Care needs exceed carer capacity

For more information refer to the Supportive and Palliative Care Indicators Tool (SPICt). The SPICt™ is used to help us identify people at risk of deteriorating and dying with one or multiple advanced illnesses for holistic, palliative care needs assessment and care planning. www.spict.org.uk

Referral Criteria

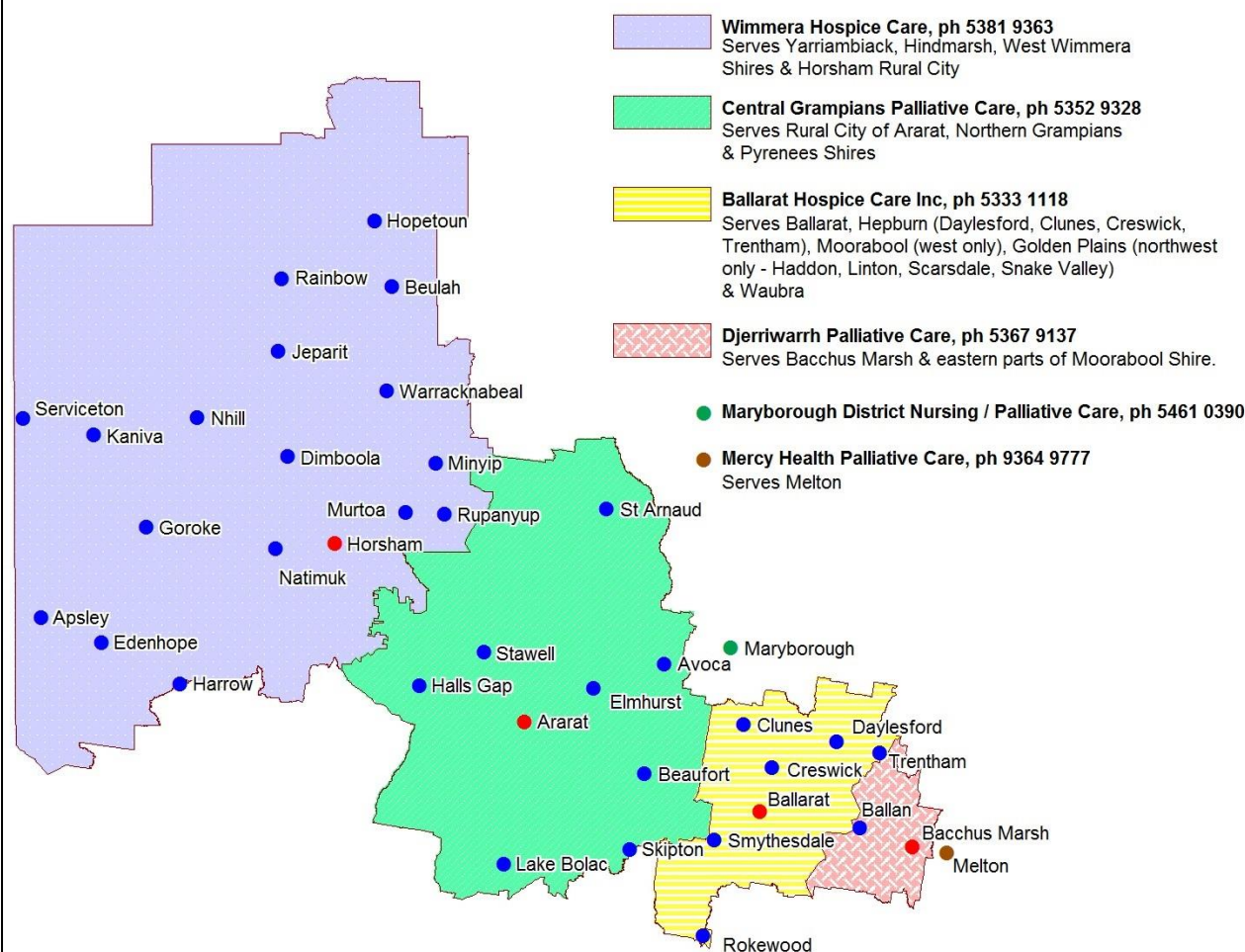
The patient lives in the service area and has a progressive, life limiting or life threatening disease (malignant/non-malignant) and any of the following:

- The patient has complex symptoms that require specialist assessment/management and which are beyond the capacity of the primary care team to manage optimally
- The patient and/or their family has complex psychological, ethical, social or spiritual needs that require specialist assessment and support
- The patient is approaching end of life and the primary care team requires additional support and/or advice

Tips

- To avoid delay in processing your referral, ensure copies of all relevant medical information is provided: e.g. current medication list, admission/registration sheet, scans, blood results, relevant specialists' letters and doctors' notes
- All referrals require the consent of the patient or legal representative
- Patients remain under the care of their primary health care team
- Patients who are having life prolonging treatment are not excluded from referral to a SPCS

Grampians Regional Palliative Care Team
ph 5320 3553 / 0408 612 699
 Serves the Grampians Region



Tip: Ideally phone your local SPCS to discuss the referral prior to completing a referral form/letter

Other services

Service	Description	Contact
End of Life Directions for Aged Care (ELDAC)	ELDAC is a government-funded initiative where helpline staff help aged care workers, nurses and GPs about palliative care, advance care planning, and details about service providers.	Phone: 1800 870 155 Monday to Friday (9am – 5pm) Website: www.eldac.com.au
Gandarra (Ballarat Health Services)	An 11 bed inpatient palliative care facility providing end stage care and symptom management for patients and their families who are suffering from a terminal illness	Phone: 03 5320 3895
Residential in Reach	Aims to prevent unnecessary presentation to Emergency Departments of acutely unwell people living in residential aged care through assessment and establishing goals of care	Wimmera Health Care Group Phone: 03 5381 9052 or Mobile: 0417 382 427 Ballarat Health Services Mobile: 0478 305 011

Name of service	Wimmera Hospice Care (WHC)
Contact details	Phone: 03 5381 9363 Fax: 03 5381 9170 Email: hospice@whcg.org.au Website: www.whcg.org.au
Hours of service	Monday to Friday 9am to 5pm
After hours	After-hours support negotiated for registered patients with consideration of available resources
Street address	Day Centre Building Robinson St Horsham 3400 VIC
Postal address	As above
Service type	Nurse led consultation This is a free service
Service area	Yarriambiack, Hindmarsh, West Wimmera and Horsham Rural City
Referral process	Referrals are accepted from patients, family members, carers and Health Care Professionals For all referrals and phone advice during business hours phone: 03 5381 9363 Fax completed referral form/letter to: 03 5381 9170 All referrals are responded to as soon as possible. Initial contact is usually made with the referrer to ensure referral is appropriate and patient is aware of the referral
Service profile	Specialised palliative care consultancy providing comprehensive nursing and allied health care, in collaboration with the local medical practitioner, based on the unique needs of the patients, their carer and family, when facing a life limiting prognosis. The service provides: <ul style="list-style-type: none"> • assistance with care coordination • symptom assessment and management • addressing emotional and social concerns • providing quality care for those approaching the end of life including equipment loans • assistance with Advance Care Planning • carer support • grief and bereavement support
Allied health services	Facilitates access to relevant allied health services
Other services	<ul style="list-style-type: none"> • Bereavement/counselling support • Volunteer support • Carer education program and community education program • PEPA placements
Works in partnership with	All health care providers including: <ul style="list-style-type: none"> • General Practitioners and Specialists • District Nursing Services • Local Health Services • Grampians Regional Palliative Care Team • Local Government and Regional and Tertiary Services • Residential in Reach
Palliative care discharge criteria	Based on discussion with the primary health care team, the patient and their family/carer, when the needs are no longer complex or the patient relocates out of the service area

Name of service	Central Grampians Palliative Care (CGPC)
Contact details	Phone: 03 5352 9328 Fax: 03 5352 9425 Email: cgpc@eghs.net.au Website: www.eghs.net.au
Hours of service	Monday to Friday 830am to 5pm
After hours	After-hours emergency phone support for patients registered with the service
Street address	Girdlestone Street Ararat 3377
Postal address	P.O. Box 155 Ararat 3377
Service type	Nurse led consultation This is a free service
Service area	Rural City of Ararat, Northern Grampians and Pyrenees Shires
Referral process	Referrals are accepted from patients, family members, carers and Health Care Professionals For all referrals and phone advice during business hours phone: 03 5352 9328 Fax completed referral form/letter to: 03 5352 9425 Once referral received, the patient is contacted within 1-3 business day to discuss appointment for assessment.
Service profile	Comprehensive nursing and allied health care in collaboration with the local medical practitioner based on the unique needs of the patients, their care and family when facing a life limiting prognosis including: <ul style="list-style-type: none"> • assistance with care coordination • symptom assessment and management • addressing emotional and social concerns • providing quality care for those approaching the end of life • assistance with clinical decision making • carer support • grief and bereavement support
Allied health services	Facilitates access to relevant allied health services
Other services	<ul style="list-style-type: none"> • Equipment loan • Carer education program
Works in partnership with	<ul style="list-style-type: none"> • General Practitioners and Specialists • Local Health Services • Grampians Regional Palliative Care Team • Local Government and Regional and Tertiary Services
Palliative care discharge criteria	Based on discussion with the primary health care team, the patient and their family/carer, when the needs are no longer complex or the patient relocates out of the service area

Name of service	Ballarat Hospice Care Inc. (BHCI)
Contact details	Phone: 03 5333 1118 Fax: 03 5333 1119 Email: admin@ballarathospicecare.org.au Website: www.ballarathospicecare.org.au
Hours of service	Monday to Friday 9am to 530pm
After hours	For registered patients only, 24 hours a day, 365 days a year. After-hours contact number supplied on admission to BHCI
Street address	312 Drummond Street South Ballarat 3350
Postal address	P.O. Box 96 Ballarat 3353
Service type	Community palliative care service – home based This is a free service
Service area	Ballarat, Hepburn (Daylesford, Clunes, Creswick, Trentham), Moorabool (west only), Golden Plains (northwest only – Haddon, Linton, Scarsdale, Snake Valley) and Waubra
Referral process	Referrals are accepted from patients, family members and carers and Health Care Professionals For all referrals and phone advice during business hours phone: 03 5333 1118 Fax completed referral form/letter to: 03 5333 1119 Once referral received, the patient is contacted within 1 business day to discuss appointment for assessment.
Service profile	Interdisciplinary team made up of Medical Director, Specialist Palliative Care Nurses, Counsellors specialising in palliative care and bereavement, trained patient support volunteers. Incorporated and funded by Dept. of Health and Human Services (DHHS) with funding support from the community.
Allied health services	Facilitates access to relevant allied health services
Other services	<ul style="list-style-type: none"> • Specialist Palliative Care Nurses provide clinical assessment and ongoing symptom management with 24 hour support. • Liaison with GPs and medical team • Counsellors provide advocacy, support and counselling, grief and bereavement support and spiritual support • Free loan of medical equipment to patients registered with BHCI • Carer education program • Patient support volunteers provide transport, companionship, advocacy
Works in partnership with	<ul style="list-style-type: none"> • General Practitioners and Specialists • District Nursing Services • Local Health Services • Grampians Region Palliative Care Team • Local Government and Regional and Tertiary Services
Palliative care discharge criteria	Based on discussion with the primary health care team, the patient and their family/carer, when the needs are no longer complex or the patient relocates out of the service area

Name of service	Djerriwarrh Palliative Care (DjPC)
Contact details	Phone: 03 5367 9137 Fax: 03 5367 9641 Email: palliativecare@djhs.org.au Website: www.djhs.org.au
Hours of service	Monday to Friday 8am to 430pm
After hours	After-hours support negotiated for registered patients with consideration of available resources
Street address	Grant Street Bacchus Marsh 3340
Postal address	P.O. Box 330 Bacchus Marsh 3340
Service type	Nurse led consultation This is a free service
Service area	Bacchus Marsh and eastern parts of Moorabool Shire
Referral process	Referrals are accepted from patients, family members/ carers and health professionals For all referrals and phone advice during business hours phone: 03 5367 9137 Fax completed referral form/letter to: 03 5367 9641 Once referral received, the patient is contacted within 1-3 business days to discuss appointment for assessment
Service profile	Comprehensive nursing and allied health care in collaboration with the local medical practitioner based on the unique needs of the patients, their carer and family when facing a life limiting prognosis including: <ul style="list-style-type: none"> • assistance with care coordination • symptom assessment and management • addressing emotional and social concerns • providing quality care for those approaching the end of life • assistance with clinical decision making • carer support • grief and bereavement support
Allied health services	Facilitates access to relevant allied health services
Other services	<ul style="list-style-type: none"> • Bereavement/counselling support • Volunteer support and carer education program • Community education program • PEPA placements
Works in partnership with	<ul style="list-style-type: none"> • General Practitioners and Specialists • Local Health Services • Grampians Region Palliative Care Team • Local Government and Regional and Tertiary Services
Palliative care discharge criteria	Based on discussion with the primary health care team, the patient and their family/carer, when the needs are no longer complex or the patient relocates out of the service area

Name of service	Grampians Regional Palliative Care Team (GRPCT)
Contact details	Phone: 03 5320 3553 Mobile: 0408 612 699 Fax: 03 5320 3893 Email: info@grpct.com.au Website: www.grpct.com.au
Hours of service	Monday to Friday 830am to 5pm
After hours	No after-hours support
Street address	102 Ascot Street South Ballarat 3350
Postal address	P.O. Box 199 Ballarat 3353
Service offered	Specialist palliative care consultancy providing medical support for patients with complex needs This is a free service
Service area	Grampians region including Yarriambiack, West Wimmera, Horsham, Hindmarsh, Pyrenees, Ararat, Northern Grampians, Ballarat, Hepburn, Golden Plains and Moorabool
Referral process	For URGENT referrals and phone advice , during business hours, phone Palliative care Physician: 0408 769 941 or Clinical Nurse Consultant: 0408 612 699 Complete GRPCT referral form , located at www.grpct.com.au and fax to: 03 5320 3893 Once referral received, the patient will be contacted within 1-3 business days For NON URGENT referrals complete GRPCT referral form and fax to: 03 5320 3893 Outpatient clinic can be accessed through Ballarat Health Services Outpatient Service
Service profile	The service provides episodic clinical consultation for complex symptom management. Outpatient clinic held at Ballarat Health Services each Thursday Palliative Care Physician and Nurse Practitioner make regular visits throughout the region. Contact GRPCT for a copy of the visiting schedule Palliative Care Physician coordinates access to Gandarra (Ballarat Health Services) which is an 11 bed palliative care inpatient ward
Other services	The service also provides: <ul style="list-style-type: none"> • Education, research, policy and procedure development • Service development
Works in partnership with	<ul style="list-style-type: none"> • General Practitioners and Specialists • Local and regional health service providers • Community based specialist palliative care services
Palliative care discharge criteria	Based on discussion with the primary health care team, the patient and their family/carer, when the needs are no longer complex or the patient relocates out of the service area