

Vestibular Rehabilitation

An Introductory Course

Vestibular Rehabilitation – An Introductory Course is aimed at introducing clinicians to common vestibular disorders such as Benign Paroxysmal Positional Vertigo (BPPV), Vestibular Neuritis/Labyrinthitis, Ménière's Disease, Bilateral Vestibular Hypofunction, Migraine Associated Dizziness, and central vestibular pathologies.

By having practical components and video examples, the objective of this course is to equip delegates with the knowledge and skills to take a thorough history of the dizzy patient, perform a comprehensive objective examination and develop an up-to-date evidence based management plan.

Course outline

- Vestibular assessment and differential diagnosis
- Unilateral vestibular pathology: recovery mechanisms and implications for treatment
- Audiology Testing
- Anatomy and Pathophysiology of BPPV
- Assessment and Management of BPPV
- Introduction to Central Vestibular Disorders

Facilitators

- Natalie Rando BPhy; MPhty (Neuro)
- Leia Barnes BPhy; Grad Dip (Neuro Rehab)



Vestibular Courses

Event : Vestibular Rehabilitation – An Introductory Course
Dates: 19 and 20 May 2018
Time: 0830—1630 both days
Location: South West Healthcare, Community Health Seminar Room, Warrnambool, 3280
Cost: \$635.00
Registration: See reverse of form **Registrations close 19 Apr 2018**
Contact: Peter Sheehan : ptsheehan@swh.net.au 5563 4089

Registration

Workshop: Vestibular Rehabilitation – An Introductory Course

Catering: Provided

South West
Healthcare



Details

Name: _____

Address: _____

Employer: _____

Phone: _____

Email: _____

Dietary requirements: _____

Payment

Paid by: Self or Employer

Cost: \$635.00

Methods: Visa Mastercard Cheque

Payable to: Education Unit
South West Healthcare

Name on card: _____

Card number: _____

Expiry date: _____

ABN: 189 754 233

Return completed registration to

Cashier
South West Healthcare
Warrnambool 3280
Email: swhcashier@swh.net.au
Payment enquiries: (03) 5564 4073

Registration closes

19 Apr 2018

Register and pay early to ensure your place

Cancellation

Cancellations received less than 5 working days prior to commencement of workshop will forfeit the registration fee.

OFFICE USE ONLY

Course Code: VRIC

Cost Centre: L0206 57320

Registration forms sent to: Peter Sheehan

Confirmation of your registration will be sent to your email address

VESTIBULAR REHABILITATION: AN INTRODUCTORY COURSE

Course overview:

Vestibular Rehabilitation – An Introductory Course is aimed at introducing clinicians to common vestibular disorders such as Benign Paroxysmal Positional Vertigo (BPPV), Vestibular Neuritis/Labyrinthitis, Ménière's Disease, Bilateral Vestibular Hypofunction, Migraine Associated Dizziness, and central vestibular pathologies. By having practical components and video examples, the objective of this course is to equip delegates with the knowledge and skills to take a thorough history of the dizzy patient, perform a comprehensive objective examination and develop an up-to-date evidence based management plan.

Course outline:

- Vestibular assessment and differential diagnosis
- Unilateral vestibular pathology: recovery mechanisms and implications for treatment
- Audiology Testing
- Anatomy and Pathophysiology of BPPV
- Assessment and Management of BPPV
- Introduction to Central Vestibular Disorders

Presenters:

Natalie Rando BPhy; MPhy (Neuro)

Natalie Rando graduated from the University of Queensland in 1997 with a Bachelor of Physiotherapy and went on to complete a Masters in Neurological Physiotherapy from UQ (2004). Natalie has attended competency-based training by Dr Susan Herdman and team as well as attending advanced training in Melbourne and the Gold Coast. Natalie previously held the position of Assistant Director of Physiotherapy (Rehabilitation) at the Gold Coast Hospital (2004- 2012), where she instigated and managed the physiotherapy service for Vestibular Clients. She has 12 years experience teaching Vestibular Rehabilitation at the graduate entry level at Bond University and Griffith University, as well as the post-graduate level throughout Queensland and northern NSW. Natalie currently holds the position of Assistant Professor of Physiotherapy (Neurology & Geriatrics) at Bond University and is an APA Titled Neurological Physiotherapist.

Leia Barnes BPhy; Grad Dip (Neuro Rehab)

Leia Barnes graduated from the University of Queensland in 2005 with a Bachelor of Physiotherapy and completed a Graduate Diploma in Neurological Rehabilitation through the University of Western Australia in 2012. She was granted the title of an APA Neurological Physiotherapist in 2013. Leia has attended competency-based training by Dr Susan Herdman and team, and has further enhanced her clinical skills by attending advanced vestibular rehabilitation courses in Melbourne, Gold Coast and USA. Leia has recently been appointed as an Advanced Physiotherapist in the Integrated Specialist ENT Service at Logan Hospital, where she functions as a primary contact vestibular physiotherapist. Previous roles have included the Assistant Director of Physiotherapy (Rehabilitation) at the Gold Coast University Hospital and the Senior Physiotherapist at the Falls and Balance Clinic (Robina). Leia also manages a private vestibular caseload through her business, Back in Balance Vestibular Physiotherapy (clinic at Physiologic). Leia has over 11 years experience in treating patients with vestibular disorders and has been invited to speak at multiple conferences including the Queensland Acoustic Neuroma Conference and The Neuro-Otology Society of Australia Annual Clinical and Scientific Meeting.



Vestibular Courses

Vestibular Rehabilitation: An Introductory Course 2 – days

COURSE OBJECTIVES

- Knowledge of the vestibular system
 - Anatomy
 - Physiology
 - Vestibular reflexes – ocular and postural
 - It's role in postural control
 - Knowledge of the most common peripheral and central vestibular disorders
 - How to recognise their features
 - How they are managed
- Be able to conduct a bedside assessment of a vestibular patient
 - How to perform assessment techniques
 - How to interpret findings
 - How to differentially diagnose
- Understanding of Audiovestibular Testing of a vestibular patient
 - Pure Tone Audiometry review
 - Oculomotor assessment and use of VNG
 - Calorics review and interpretation
 - Introduction to Vestibular Evoked Myogenic Potentials and application of findings to a vestibular patient
 - How to refer to Audiology Testing and where to refer to
- Be able to formulate a vestibular and balance rehabilitation program based on bedside assessment and audiovestibular diagnostic results
 - How to target it to your assessment findings
 - How to monitor improvement
 - How to progress
- Good understanding of BPPV
 - How to perform assessment techniques
 - Differentiating between canals
 - Making a diagnosis
 - Performing Canalith Repositioning Techniques (CRT) for posterior, horizontal and anterior canal BPPV