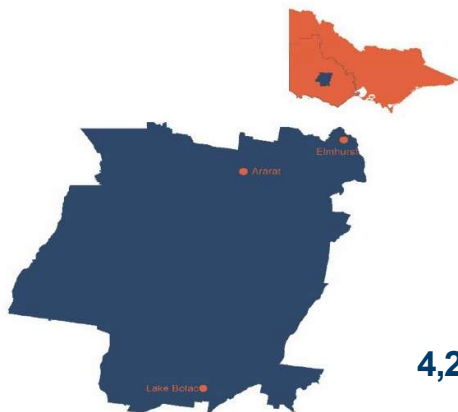


Ararat Rural City

Population Health Snapshot 2018



phn
WESTERN VICTORIA
An Australian Government Initiative

4,211.1 km²

DEMOGRAPHICS



0–14 years

15.5%

1,803

11,600

people living in this area

15–64 years

61.4%

7,126

65 years +

23.1%

2,675



Persons identify as Aboriginal and/or Torres Strait Islander

1.5%

175

FACTORS WHICH IMPACT ON HEALTH



93.1%

dwellings with at least one motor vehicle



74.9%

dwellings with internet connection



5.6%

unemployment rate



27.6%

dwellings have an income less than \$650 per week

ACCESS TO SERVICES



13.9

General Practitioners
Full time equivalent



4

General Practices



2

Public Hospitals*



0

Private Hospitals

Other Services: 2 Bush Nursing Centres

*Public hospitals are counted as the number of hospital locations with acute beds



HOSPITALISATIONS

29.55

Ambulatory Care Sensitive Conditions age standardised per 1,000 people

12.85

Chronic Ambulatory Care Sensitive Conditions age standardised per 1,000 people

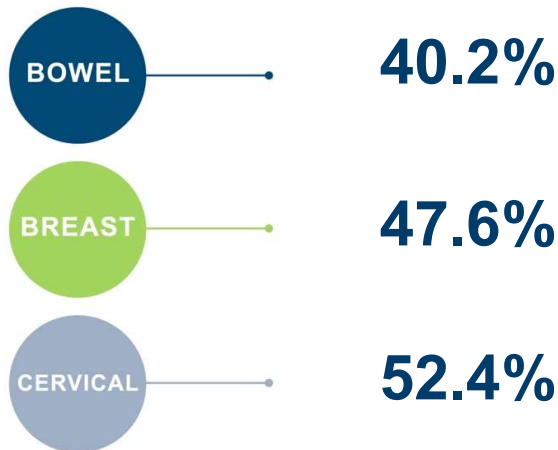
22.1

Primary care emergency department presentations per 1,000 people

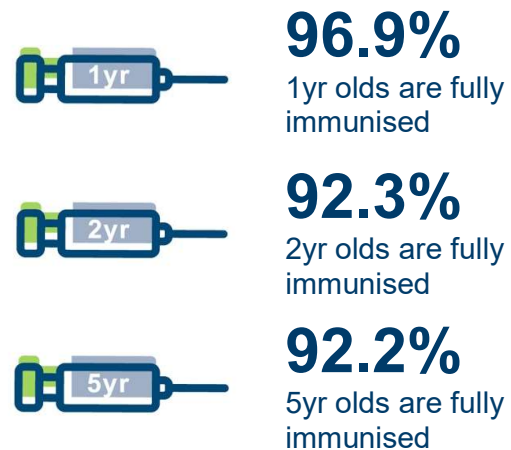
Ararat Rural City

Population Health Snapshot 2018

CANCER SCREENING RATE



IMMUNISATIONS



HEALTH RISK FACTORS (18 years and over)



22.1%
current smokers



7.4%
complying with fruit and vegetable consumption guidelines



41.5%
met physical activity guidelines for adults



36.6%
are overweight



22.3%
are obese

MENTAL HEALTH



10.1% persons 18 years and over with high or very high psychological distress (age standardised)



23.5% persons 18 years and over with a lifetime prevalence of anxiety and depression (age standardised)



14 deaths from suicide and self-inflicted injuries per 100,000 persons

CHRONIC DISEASE



5.7%
with type 2 diabetes



17.5%
of persons 2 years and over with circulatory system disease (age standardised)

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