Hindmarsh Shire
Population Health Snapshot 2018

DEMOGRAPHICS

- 5,721 people living in this area
- 0–14 years: 15.2% (870)
- 15–64 years: 58.0% (3,318)
- 65 years+: 26.9% (1,538)
- Persons identify as Aboriginal and/or Torres Strait Islander: 1.4% (82)

FACTORS WHICH IMPACT ON HEALTH

- 94.6% dwellings with at least one motor vehicle
- 72.9% dwellings with internet connection
- 4.5% unemployment rate
- 32% dwellings have an income less than $650 per week

ACCESS TO SERVICES

- 7.3 General Practitioners (Full time equivalent)
- 6 General Practices
- 4 Public Hospitals*
- 0 Private Hospitals

HOSPITALISATIONS

- 46.93 Ambulatory Care Sensitive Conditions age standardised per 1,000 people
- 22.73 Chronic Ambulatory Care Sensitive Conditions age standardised per 1,000 people
- 87 Primary care emergency department presentations per 1,000 people

*Public hospitals are counted as the number of hospital locations with acute beds
### Cancer Screening Rate

- **Bowel**: 39.2%
- **Breast**: 45.5%
- **Cervical**: 54.5%

### Immunisation Rates

- 1yr olds are fully immunised: 98.7%
- 2yr olds are fully immunised: 96.5%
- 5yr olds are fully immunised: 94.3%

### Health Risk Factors (18 years and over)

- **Current smokers**: 17.2%
- **Complying with fruit and vegetable consumption guidelines**: 7.7%
- **Met physical activity guidelines for adults**: 34%
- **Are overweight**: 36.1%
- **Are obese**: 23%

### Mental Health

- **Persons 18 years and over with high or very high psychological distress (age standardised)**: 5.5%
- **Persons 18 years and over with a lifetime prevalence of anxiety and depression (age standardised)**: 25.8%
- **Deaths from suicide and self-inflicted injuries per 100,000 persons**: not available

### Chronic Disease

- **With type 2 diabetes**: 6.7%
- **Of persons 2 years and over with circulatory system disease (age standardised)**: 17.1%

### Sources