Surf Coast Shire

Population Health Snapshot 2018

DEMOGRAPHICS

29,397 people living in this area

- 0–14 years: 20.6% (6,052)
- 15–64 years: 61.9% (18,194)
- 65 years +: 17.5% (5,149)

Persons identify as Aboriginal and/or Torres Strait Islander: 0.6% (188)

FACTORS WHICH IMPACT ON HEALTH

- 97.7% dwellings with at least one motor vehicle
- 89.7% dwellings with internet connection
- 2.5% unemployment rate
- 15.9% dwellings have an income less than $650 per week

ACCESS TO SERVICES

- 29.1 General Practitioners (Full time equivalent)
- 11 General Practices
- 2 Public Hospitals*
- 0 Private Hospitals

*Public hospitals are counted as the number of hospital locations with acute beds

HOSPITALISATIONS

- 19.98 Ambulatory Care Sensitive Conditions age standardised per 1,000 people
- 9.83 Chronic Ambulatory Care Sensitive Conditions age standardised per 1,000 people
- 42.7 Primary care emergency department presentations per 1,000 people
<table>
<thead>
<tr>
<th>CANCER SCREENING RATE</th>
<th>IMMUNISATIONS</th>
<th>Population Health Snapshot 2018</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>BOWEL</strong></td>
<td>45.2%</td>
<td>93.7%</td>
</tr>
<tr>
<td></td>
<td></td>
<td>1yr olds are fully immunised</td>
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<tr>
<td><strong>BREAST</strong></td>
<td>56.7%</td>
<td>93%</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2yr olds are fully immunised</td>
</tr>
<tr>
<td><strong>CERVICAL</strong></td>
<td>68.5%</td>
<td>94.9%</td>
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<tr>
<td></td>
<td></td>
<td>5yr olds are fully immunised</td>
</tr>
</tbody>
</table>

**HEALTH RISK FACTORS** (18 years and over)

- **10%** current smokers
- **6.3%** complying with fruit and vegetable consumption guidelines
- **55.9%** met physical activity guidelines for adults
- **30.2%** are overweight
- **14.8%** are obese

**MENTAL HEALTH**

- **10.1%** persons 18 years and over with high or very high psychological distress (age standardised)
- **25.4%** persons 18 years and over with a lifetime prevalence of anxiety and depression (age standardised)
- **7.7%** deaths from suicide and self-inflicted injuries per 100,000 persons

**CHRONIC DISEASE**

- **3%** with type 2 diabetes
- **15.2%** of persons 2 years and over with circulatory system disease (age standardised)

**SOURCES**

- Victorian Health Information Surveillance System 2017, All Individual Ambulatory Care Sensitive Conditions, Department of Health and Human Services, retrieved 11 January 2018, <hns.dhs.vic.gov.au>