

CANCER SUPPORT

General Practice Management Plans

When diagnosed with cancer it is very important that you continue to see your general practice team, both during and after treatment.

Your General Practitioner (GP) and Practice Nurse (PN) are integral in ensuring you receive the best possible care at all times.

They will work closely with you and your cancer treatment team to ensure your needs are met and to improve or maintain your overall wellbeing.

The best way for your general practice team to monitor your health and wellbeing is to prepare a GP Management Plan (GPMP) and a Team Care Arrangement (TCA).

General Practice Management Plan (GPMP)

A GPMP is a plan of action that you have agreed to with your general practice team that:

- Identifies your health and care needs
- Sets out the services to be provided by your GP and treating team
- Lists any other health care and community services you may need
- Lists the actions you can take to help manage your condition

Team Care Arrangement (TCA)

A TCA is a plan your general practice team can create which helps coordinate the providers involved in your care more effectively.

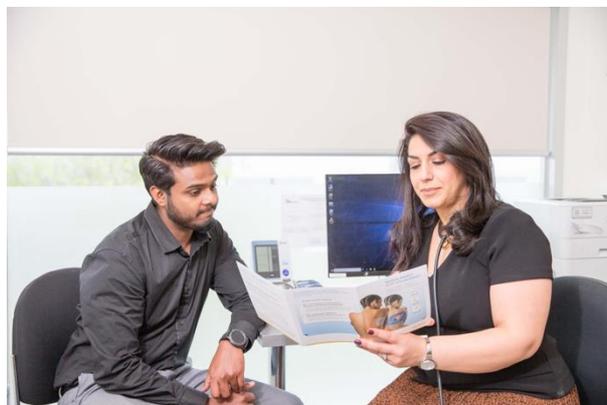
The TCA will generally include the providers involved in your cancer care, including your cancer Specialist and the local Cancer Resource Nurse.

It will also include any other providers required to meet your health needs. This can include, but is not limited to, allied health workers, community services and mental health workers.

Under a TCA, the services provided by allied health workers are eligible for a Medicare rebate for up to 5 visits per year.

This means that if the provider accepts the Medicare benefit as the full payment for the service, there will not be any cost to you. If not, you will need to pay the difference between the Medicare rebate and the fee charged.

Any costs involved should be discussed during the development of the TCA.



How can I arrange a GPMP and TCA?

Make an appointment with your general practice team and mention that you would like to discuss a GPMP. It will require a longer consultation time than a standard appointment.

How often should I review my GPMP and TCA?

You should review your plan regularly (every 3-6 months) with your general practice team to assess whether it is working for you.

Your Practice Nurse may also check in with you in between visits to see whether you have any queries or concerns.