

Project ECHO

Youth Mental Health Network



Mental Health ECHO Series
(Extension for **Community Health Outcomes**)

Do you work with young people with mental health concerns?

In the western Victoria PHN region:

- One in five children are classified as developmentally vulnerable.*
- Only 2.8% of the expected population of children aged 0-11 years requiring mental health treatment received psychological therapy services.*
- In Geelong, the rate of prescriptions dispensed for antipsychotic medicines for people aged 17 years and under is more than double the Victorian and Australian averages.*

- > Recognise common mental health and developmental problems relevant to adolescents
- > Undertake a comprehensive mental health history and assessment
- > Relate a young person's emotional and behavioural presentation to their family, social, historical, cultural and ethnic background
- > Through case presentations, determine management options including team care, referral, monitoring and support

Includes brief presentations on topics including;

- > Adolescent development
- > ACES and trauma
- > Risk assessment
- > Eating disorders
- > Anxiety and depression
- > Youth mental health and AOD
- > Neurodevelopmental disorders
- > Family violence and youth mental health
- > Early psychosis

Mondays 1-2pm (AEDT)
Fortnightly sessions
excluding school holidays

Who should join ECHO?

- GPs
- Mental health & AOD clinicians and service providers
- Allied health
- Primary care nurses & Nurse practitioners
- Education professionals

Benefits of ECHO

- Improved outcomes for patients, their families and communities
- Interactive learning environment and co-management of cases
- Case-based learning - All teach - All learn
- Better access and reduced wait time for people in rural and underserved areas
- Increased self-efficacy in rural professionals and decreased professional isolation
- Interconnected network of providers



Register now or for more information visit:

westvicphn.com.au/events-education/upcoming-events

Questions? Contact: echo@westvicphn.com.au



PROFESSIONAL DEVELOPMENT PROGRAM
ACCREDITED ACTIVITY 2020 - 2022



Professional development:
RACGP activity 239203, 2 RACGP CPD points per hour
ACRRM number 22413, 1 PDP per hour
This is a GPMHSC-accredited CPD activity

*Data from WVPHN Needs Assessment 2019 <https://westvicphn.com.au/wp-content/uploads/2020/03/WVPHN-Needs-Assessment-2019.pdf>