

Easy read information about the SPIDAH project.

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Western Victoria Primary Health Network wrote this webpage.

When you see the word **we** it means Western Victoria Primary Health Network.



We have written this information in an easy to read way.

We use pictures to explain some ideas.



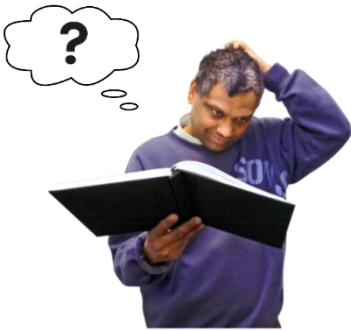
You can ask for help to understand this information.

A friend, family member or support person may be able to help you.

Intellectual disability and health care.



There are lots of people in Australia with an intellectual disability.



Sometimes it can be hard for people with an intellectual disability to learn and understand things.



Sometimes it can be hard for people with an intellectual disability to communicate.



Sometimes it can be hard for people with an intellectual disability to do everyday tasks so they might need some help.



It is important for all people including people with an intellectual disability to use health care.



Good health care helps people to stay healthy.



Good health care helps people to feel better when they are sick.



Everyone has the right to access good health care that meets their needs.

The work we are doing is called the SPIDAH project.



We are doing a **project** to make it easier for people with intellectual disability to access good **primary health care services**.

A project is work to try and make something better.



Primary health care services are when you see health people about your health.

These people can be -

A doctor or GP

A nurse in a clinic

Allied health people

A dentist

A pharmacist

Reception and administration



We call our work the SPIDAH project which stands for Supporting People with an Intellectual Disability to Access Health.



Our project will go for 3 years.

Our project starts in July 2021.

Our project will end in June 2024.



Our project is based in western Victoria.



We want to make primary health care services better for people with intellectual disability and the people supporting them.

More information.



For more information about the Western Victoria Primary Health Network go to this website
www.westvicphn.com.au/spidah



You can send an email with your questions about the SPIDAH project to
spidah@westvicphn.com.au



Thank you for looking at our webpage.