

**GREAT OCEAN  
ROAD: LORNE,  
WYE RIVER,  
KENNETT RIVER**

# Counselling and Mental Health Support Services

Released: 16 January, 2026

Trauma counselling, general counselling and mental health support services are available for anyone affected by the recent floods along the Great Ocean Road in the Lorne, Wye River and Kennett River areas. If you are seeking mental health support, would like someone to talk with or if you have other community concerns, please reach out to any of the services below.

## LOCAL SERVICES

### Barwon Health Mental Health - Colac

Phone:

- 1300 763 254 (business hours)
- 1300 094 187 (after hours)

### Colac Area Health Counselling Services

Phone: 5232 5100

### Step Thru Care Geelong Otway

(delivered by Neami National)

Phone: 8691 5480

### Medicare Mental Health

(delivered by Neami National)

Phone: 1800 595 212

### headspace Colac

15-17 Hart Street

Phone: 5232 5520

Open: Mon, Wed-Fri 9am-5pm; Tues 9am-7pm

### Wathaurong Aboriginal Co-operative

Phone: 5277 0044

## STATEWIDE SERVICES

### Suicide Call Back Service

Phone: 1300 659 467

### Lifeline

Phone: 13 11 14

### Beyond Blue

Phone: 1300 224 636

### 13YARN (First Nations Support)

Phone: 13 92 76

### Medicare Mental Health

Phone: 1800 595 212

### Rural Financial Counselling

Phone: 1300 735 578

### Partners In Wellbeing helpline

Free telephone mental health support available to all

Victorians 16 years plus

Phone: 1300 375 330 Mon-Fri

9am-8pm, Saturday 9am-5pm

**If you need urgent mental health support during this time, contact Barwon Health on phone: 1300 763 254**